

GSMS Clothing Size Guidelines

Hoodies

Youth Hoodies

185B - GILDAN® Heavy Blend™ Hooded Youth Sweatshirt					
GARMENT MEASUREMENTS					
Size	XS	S	M	L	XL
Chest - <i>Half Measure</i>	16"	17"	18"	19"	20"
Chest - <i>Full Measure</i>	32"	34"	36"	38"	40"
Body Length from HPS	19 3/4"	21 1/4"	22 1/2"	24"	25 1/2"
Sleeve Length-CB	23 1/2"	26 1/2"	27 3/4"	30 1/4"	33"

Finished measurements in inches. Refer to "How to Measure" guide for detailed information on measurement instructions.

YOUTH General Sizing Guide					
Size	XS	S	M	L	XL
Numeric Size	2-4	6-8	10-12	14-16	18-20
Chest	24"-26"	26"-28"	28"-30"	30"-32"	32"-35"
Waist	22 1/2"-23 1/2"	23"-24 1/2"	24 1/2"-25 1/2"	25 1/2"-27"	27"-29"
Sleeve Length-CB	24"-25"	25"-26"	26"-27 1/2"	27 1/2"-29"	29 1/2"-31"

Adult Hoodies

	S	M	L	XL	2XL
Body Length	27	28	29	30	31
Chest Width (Laid Flat)	20	22	24	26	28
Sleeve Length	34 1/2	35 1/2	36 1/2	37 1/2	38 1/2

Cotton Shirts

Youth Cotton Long Sleeve

Finished Measurements

	XS	S	M	L	XL
Body Length	20 1/2	22	23 1/2	25	26 1/2
Body Length Tolerance	-/+ 1	-/+ 1	-/+ 1	-/+ 1	-/+ 1
Chest Tolerance	-/+ 1	-/+ 1	-/+ 1	-/+ 1	-/+ 1
Chest Width (Laid Flat)	16	17	18	19	20
Sizes (CA)	4	6-8	10-12	14-16	18-20
Sleeve Length (From Center Back)	23	24 1/2	26 1/2	29	31
Sleeve Tolerance	-/+ 1	-/+ 1	-/+ 1	-/+ 1	-/+ 1

Adult Cotton Long Sleeve

5400 - GILDAN® Heavy Cotton™ Long Sleeve T-Shirt

GARMENT MEASUREMENTS

Size	S	M	L	XL	2XL	3XL
Chest - <i>Half Measure</i>	18"	20"	22"	24"	26"	28"
Chest - <i>Full Measure</i>	36"	40"	44"	48"	52"	56"
Body Length from HPS	28"	29"	30"	31"	32"	33"
Sleeve Length-CB	33 1/2"	35"	36 1/2"	38"	39 1/2"	39 1/2"

Finished measurements in inches. Refer to "How to Measure" guide for detailed information on measurement instructions.

ADULT General Sizing Guide

Size	S	M	L	XL	2XL	3XL
Chest	34"-36"	38"-40"	42"-44"	46"-48"	50"-52"	54"-55"
Waist	29"-32"	32"-35"	35"-38"	38"-41"	41"-44"	44"-47"
Sleeve Length-CB	32"-33 1/2"	34"-35"	35"-36"	36"-37"	37"-38"	38"-39"

Youth Cotton T-Shirt

500B - GILDAN® Heavy Cotton™ Youth T-Shirt

GARMENT MEASUREMENTS

Size	XS	S	M	L	XL
Chest - <i>Half Measure</i>	16"	17"	18"	19"	20"
Chest - <i>Full Measure</i>	32"	34"	36"	38"	40"
Body Length from HPS	20 1/2"	22"	23 1/2"	25"	26 1/2"
Sleeve Length-CB	13 1/2"	14 1/2"	15 1/2"	16 1/2"	17 1/2"

Finished measurements in inches. Refer to "How to Measure" guide for detailed information on measurement instructions.

YOUTH General Sizing Guide

Size	XS	S	M	L	XL
Numeric Size	2-4	6-8	10-12	14-16	18-20
Chest	24"-26"	26"-28"	28"-30"	30"-32"	32"-35"
Waist	22 1/2"-23 1/2"	23"-24 1/2"	24 1/2"-25 1/2"	25 1/2"-27"	27"-29"
Sleeve Length-CB	24"-25"	25"-26"	26"-27 1/2"	27 1/2"-29"	29 1/2"-31"

Adult Cotton T-Shirt

5000 - GILDAN® Heavy Cotton™ T-Shirt

GARMENT MEASUREMENTS

Size	S	M	L	XL	2XL	3XL	4XL	5XL
Chest - <i>Half Measure</i>	18"	20"	22"	24"	26"	28"	30"	32"
Chest - <i>Full Measure</i>	36"	40"	44"	48"	52"	56"	60"	64"
Body Length from HPS	28"	29"	30"	31"	32"	33"	34"	35"
Sleeve Length-CB	15 5/8"	17"	18 1/2"	20"	21 1/2"	22 7/8"	24 1/4"	25 3/8"

Finished measurements in inches. Refer to "How to Measure" guide for detailed information on measurement instructions.

ADULT General Sizing Guide

Size	S	M	L	XL	2XL	3XL	4XL	5XL
Chest	34"-36"	38"-40"	42"-44"	46"-48"	50"-52"	54"-55"	56"-57"	58"-61"
Waist	29"-32"	32"-35"	35"-38"	38"-41"	41"-44"	44"-47"	47"-50"	50"-53"
Sleeve Length-CB	32"-33 1/2"	34"-35"	35"-36"	36"-37"	37"-38"	38"-39"	38 1/2"-39"	39"-39 1/2"

Dri-Fit Shirts

Youth Dri-Fit Long Sleeve

Y350LS - ATC™ Pro Team Long Sleeve Youth Tee

GARMENT MEASUREMENTS

Size	XS	S	M	L	XL
Chest - <i>Half Measure</i>	15 1/4"	16"	17"	18"	19 1/2"
Chest - <i>Full Measure</i>	30 1/2"	32"	34"	36"	39"
Body Length from HPS	20"	21 1/2"	23"	25"	27"
Sleeve Length from HPS	25"	26"	27"	28 1/2"	30"

Finished measurements in inches. Refer to "How to Measure" guide for detailed information on measurement instructions.

YOUTH General Sizing Guide

Size	XS	S	M	L	XL
Numeric Size	2-4	6-8	10-12	14-16	18-20
Chest	24"-26"	26"-28"	28"-30"	30"-32"	32"-35"
Waist	22 1/2"-23 1/2"	23"-24 1/2"	24 1/2"-25 1/2"	25 1/2"-27"	27"-29"
Sleeve Length-CB	24"-25"	25"-26"	26"-27 1/2"	27 1/2"-29"	29 1/2"-31"

Adult Dri-Fit Long Sleeve

S350LS - ATC™ Pro Team Long Sleeve Tee

GARMENT MEASUREMENTS

Size	XS	S	M	L	XL	2XL	3XL	4XL
Chest - <i>Half Measure</i>	18 1/2"	20"	21 1/2"	23"	24 1/2"	26"	28"	30"
Chest - <i>Full Measure</i>	38"	40"	44"	46"	49"	52"	56"	60"
Body Length from HPS	27"	28"	29"	30"	31"	32"	32 1/2"	33"
Sleeve Length-CB	33 1/4"	34"	34 3/4"	35 1/2"	36 1/4"	37"	37 3/4"	38 1/2"

Finished measurements in inches. Refer to "How to Measure" guide for detailed information on measurement instructions.

ADULT General Sizing Guide

Size	XS	S	M	L	XL	2XL	3XL	4XL
Chest	30"-32"	34"-36"	38"-40"	42"-44"	46"-48"	50"-52"	54"-55"	56"-57"
Waist	26"-29"	29"-32"	32"-35"	35"-38"	38"-41"	41"-44"	44"-47"	47"-50"
Sleeve Length-CB	31"-32"	32"-33 1/2"	34"-35"	35"-36"	36"-37"	37"-38"	38"-39"	38 1/2"-39"

Youth Dri-Fit T-Shirt

Y350 - ATC™ Pro Team Short Sleeve Youth Tee

GARMENT MEASUREMENTS

Size	XS	S	M	L	XL
Chest - <i>Half Measure</i>	15 1/4"	16"	17"	18"	19 1/2"
Chest - <i>Full Measure</i>	30 1/2"	32"	34"	36"	39"
Body Length from HPS	20"	21 1/2"	23"	25"	27"
Sleeve Length-CB	12 1/2"	13 1/2"	14 1/2"	15 1/2"	16 1/2"

YOUTH General Sizing Guide

Size	XS	S	M	L	XL
Numeric Size	2-4	6-8	10-12	14-16	18-20
Chest	24"-26"	26"-28"	28"-30"	30"-32"	32"-35"
Waist	22 1/2"-23 1/2"	23"-24 1/2"	24 1/2"-25 1/2"	25 1/2"-27"	27"-29"
Sleeve Length-CB	24"-25"	25"-26"	26"-27 1/2"	27 1/2"-29"	29 1/2"-31"

Adult Dri-Fit T-Shirt

S350 - ATC™ Pro Team Short Sleeve Tee

GARMENT MEASUREMENTS

Size	XS	S	M	L	XL	2XL	3XL	4XL
Chest - <i>Half Measure</i>	18 1/2"	20"	21 1/2"	23"	24 1/2"	26"	28"	30"
Chest - <i>Full Measure</i>	37"	40"	43"	46"	49"	52"	56"	60"
Body Length from HPS	27"	28"	29"	30"	31"	32"	32 1/2"	33"
Sleeve Length-CB	17 3/4"	18 1/2"	19 1/4"	20"	20 3/4"	21 1/2"	22 1/4"	23"

Finished measurements in inches. Refer to "How to Measure" guide for detailed information on measurement instructions.

ADULT General Sizing Guide

Size	XS	S	M	L	XL	2XL	3XL	4XL
Chest	30"-32"	34"-36"	38"-40"	42"-44"	46"-48"	50"-52"	54"-55"	56"-57"
Waist	26"-29"	29"-32"	32"-35"	35"-38"	38"-41"	41"-44"	44"-47"	47"-50"
Sleeve Length-CB	31"-32"	32"-33 1/2"	34"-35"	35"-36"	36"-37"	37"-38"	38"-39"	38 1/2"-39"